



**Patient Informed Consent  
for Extended Wear of Silicone Hydrogel Contact Lenses**

Contact lenses are prescribed for specific wear times, and to maximize the health and comfort our patient’s eyes, we recommend that all contact lenses be removed before sleeping each night. Modern contact lens materials (specifically, soft lenses made of silicone hydrogel) are healthy enough that some are FDA-approved for sleeping in (“extended wear”). Despite this approval, we recommend all patients remove their contact lenses each night. This consent form is to certify that you have discussed extended wear risks with your doctor and that you certify that you have understood those risks.

Basic procedures of lens care, alternative vision correction, cleaning and disinfection methods and the advantages and disadvantages of extended wear have been explained to me by my optometrist. My optometrist has also answered any questions I have concerning the consent form. Although it is impossible for my optometrist to inform me of every possible complication, they has answered all my questions to my satisfaction, and have assured me that they will advise me of new risks if they develop and this product or my rights as a patient.

I fully understand the risks, complications, and benefits that may be derived from extended wear. Should any complications or emergencies occur, I agree to contact my optometrist immediately. I also agree to wear the lenses in such a way as is prescribed and am willing to follow the advice of my optometrist and the information that has been provided to me.

**Alternate Vision Correction:**

- **Spectacle lenses** – Available in sunglasses, clear lenses, and multifocal lenses. Spectacle wear can eliminate many of the risk factors associated with extended wear of contact lenses.
- **Daily disposable lenses** – Available in a wide range of corrective powers including astigmatic prescription. Offers the convenience of easy use and is much healthier than sleeping in lenses.
- **Refractive surgery** – Though not all patients will be good candidates, for many, refractive surgery is a good option for establishing good distance vision without having to sleep in contact lenses. Refractive surgery carries its own risks.
- **Daily wear contact lenses** – We are willing to train you on how to insert and remove lenses in a timely manner. Patients that wear their contact lenses just while awake will have much fewer complications and greater comfort than those patients in extended wear.

**Acknowledgement of Risks**

By signing below, I acknowledge that I have read and understand the above and have had the opportunity to discuss this information with my doctor to my satisfaction. I acknowledge the risks that I have been educated regarding extended wear contact lenses:

\_\_\_\_\_  
Patient full name

\_\_\_\_\_  
Patient signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Practitioner full name

\_\_\_\_\_  
Practitioner signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness full name

\_\_\_\_\_  
Witness signature

\_\_\_\_\_  
Date